

Seating RMO Bands



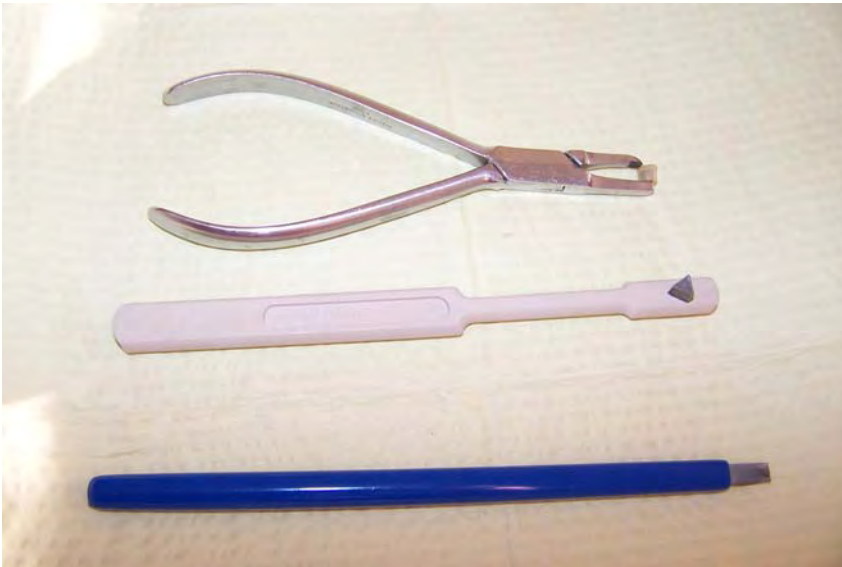
- Bite Stick

Seating RMO Bands



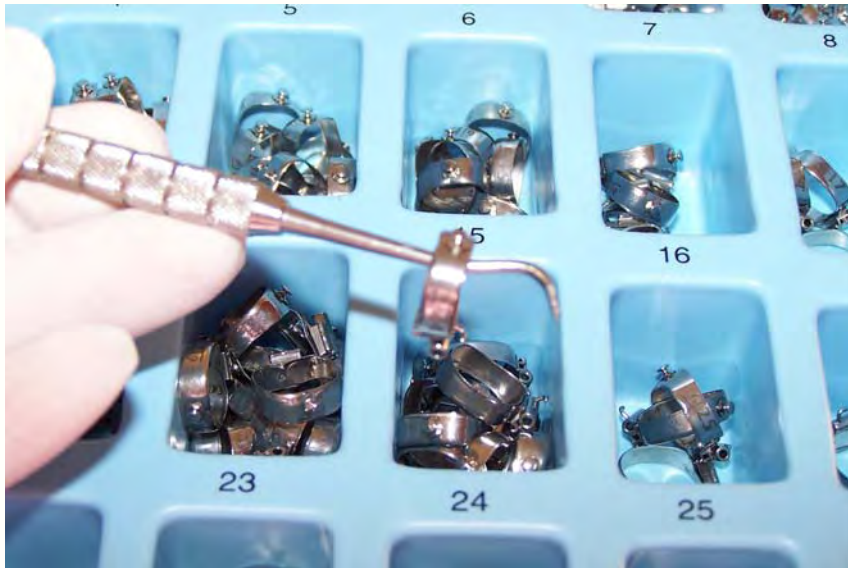
- Band Remover

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- Band File:
Flat on one side, and
angled on the other

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- Pick up the band with an explorer
- The end acts like a hook so that it does not drop into the other slots in the box

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- Bend the hook out with a band remover or Weingart

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- Push the mandibular band on with two thumbs
- The band will go on about 1/3 of the way
- The band should feel as if it springs back occlusally

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- Use the handle of the bite stick with thumb on top
- Push distal and mesial
- The bite stick takes the pressure off the fingers and applies the force evenly
- This step may be used with partially erupted teeth



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- Use the handle of the bite stick to have the patient bite first if the tooth is fully erupted

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- Use the flat side of the tip on the buccal attachment or on the top of the band
- Have the patient bite first
- Note that the hook is away from the gums due to the procedure of bending it out first

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- Mesial buccal bite on the edge of the band

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- Use the point of the triangle to lightly push the edge of the band
- Have the patient bite softly on the lingual and hold the buccal attachment with the thumb to avoid over seating

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- Band

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- Notice a small gap on the distal lingual cusp

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- Take the band file and contour the band into the distal lingual cusp if necessary
- Check the tooth for any gaps and use the file to contour areas if gaps are seen

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- Band seated after contouring; no gaps on the distal cusps
- Notice the occlusal ridge on the band

Seating RMO Bands - Maxillary



- Seat maxillary band with the index finger

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- Using the handle of the bite stick, push lightly on the distal and mesial
- Back and fourth using light pressure

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- Use the tip of the triangle to start the biting process
- Seat lingual first
- Have the patient bite on the side that is not completely seated

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- use the flat side of the triangle for the buccal
- If necessary use the buccal attachment

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- Check for gaps
- Especially around the cusp of the Carabelli as seen on this patient

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- Use the band file edge to contour the gaps if necessary
- The contour holds after removing the band due to RMO's stiff temper

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- Perfect fit
- Notice the carabelli cusp – no gaps

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- Have the patient occlude to confirm that they are not biting on any metal
- Use the bite stick triangle to seat further if necessary

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- Perfect fit

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- Questions